

Forward

Midlothian

Disabled People

www.forwardmid.org.uk

Forward

Mid

Equality - Diversity - Inclusion



Midlothian Guide to Transport Travel during COVID-19

Forward Mid - Helping you to be aware of transport options, to plan ahead and stay travel safe.

We're currently in Phase 3 of the Scottish Government's route map through the COVID-19 crisis. Many disabled people and older people have now spent extended periods of time in the home environment, shielding or respecting advice to stay at home. In the coming weeks and months people will be considering their options for social connection, People will be thinking more about visiting family and friends, perhaps connecting with parts of their life that had been on pause. Travelling and transport is a key aspect of that. With roads set to become busier and reduced capacity on public transport due to physical distancing, it's more important than ever to stay up to date with travel advice. So here **Forward Mid** have produced a guide to travel options in Midlothian.

It will help you to be aware what transport choices are available to you. **Forward Mid** hope you find this information useful.

Information and advice changes daily and **Forward Mid** recommend in addition to what is outlined here that you use transport Scotland www.transport.gov.scot/coronavirus-covid-19/ and travel line www.travelinescotland.com/coronavirus websites, for the most up-to-date information.

Safe Travel !

The **Forward Mid** team thanks all who supplied this information

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National Entitlement Card

The Scotland National Entitlement Card also known as a bus pass gives those aged 60+ and disabled people free bus travel throughout Scotland.

Application forms are available at all Midlothian libraries. There are different forms for those 60+ years of age, disabled persons and Young Scots – make sure you pick up the appropriate form for your circumstances. Completed forms with relevant proofs and a colour passport-style photo must be taken by the applicant in person to any Midlothian Library for processing. The verification process requires the librarian to confirm that the photo submitted is a true likeness of the applicant. If the application form is handed in by anyone other than the applicant, it will be rejected.

Your bus pass is printed in Hull, England, and sent by second class Royal Mail from there direct to your home address. On the front of your card will be your name and 16-digit card number, your photo and the oakleaf logo of Midlothian Council.

The expiry date is shown on cards issued to the disabled and this will continue. Expiry dates used to be printed on cards for those 60+ years old. However, once you have proved you are 60 or over, you will never fall out of eligibility [you won't be 59 again] and so cards for the over 60s issued during the past couple of years no longer have an expiry date. The bus pass is not transferable and can only be used by the cardholder.



Various symbols can appear on the lower right side of the card. The symbols most likely to be seen on a Midlothian card are:-



“C” in orange stands for **“Concessionary Travel”**

“+1” with the “1” in black, and the “+” in orange superimposed on the “1” stands for **“plus one”** and tells the bus driver that you are entitled to have a companion travel free with you on your bus journey



An “eye” symbol in black indicates that the cardholder is blind or partially sighted and is entitled to the additional travel concessions of the Scottish Blind Scheme in addition to free bus travel.



- Free train travel within Scotland and across the border as far as Berwick-upon-Tweed in the east or Carlisle in the west,
- Free travel on Edinburgh Trams & on the Glasgow Subway,
- Free travel on most ferries within Scotland such as the Clyde and Hebridean services.

Local buses that accept this card:

Borders buses Ltd	Tel: 01896 754 350	www.bordersbuses.co.uk
East Coast Buses	Tel: 0131 555 6363	eastcoastbuses.co.uk
LCTS	Tel: 0131 663 0176	www.lcts.org.uk
Lothian Buses	Tel: 0131 555 6363	lothianbuses.co.uk
Prentice Coaches	Tel: 01620 822620	www.prentice.info
Stagecoach	Tel: 0300 111 0001	www.stagecoachbus.com

Long distance coach services within Scotland also accept this card. Some coach companies offer seat reservation but charge for this. The seat reservation cost is not included in the concession, but may well be worth paying if you need to travel on a

particular journey and cannot wait for a later departure if your chosen trip is already full when you arrive to board without a reservation.

Megabus	Tel: 0900 160 0900	www.ukmegabus.com
National Express	Tel: 0871 781 8178	www.nationalexpress.com
Scottish Citylink	Tel: 0871 266 3333	www.citylink.co.uk

Renewal of NEC

NEC elderly concessionary cards issued with no expiry date printed on the card are currently valid until 2041. The Midlothian Travel Permits and Passes Team (On behalf of the Travel Team) send out a reminder letter and renewal form to holders of cards for disabled people 4 to 6 weeks before the expiry date. The renewal form plus any supporting written evidence must be presented to any Midlothian library. Photocopies of proofs will be taken and then sent by internal mail to the Travel Permits and Passes Team in Dalkeith. The database is updated and an order sent digitally to Hull for a fresh card to be printed and despatched by second class mail to your home address. Blank renewal forms are available in all Midlothian libraries if you mislay the one sent by post.

Replacement of a Lost or Stolen NEC

You can go to any Midlothian library in person and ask the librarian to order a replacement of a card that has already been issued to you, but is now lost or stolen. Part of the verification process is that the librarian will check that you are the person whose photo image is held in the database. This cannot be done if you do not call at the library personally.

Changes

An online application process will be introduced nationally across Scotland as soon as it is ready. This will add another option – the paper application method described above will continue to be offered for those who are not online.

At the time of printing, only Dalkeith Library is open. Other branches will open ASAP. For the most up to date information www.midlothian.gov.uk/libraries or call Dalkeith Library on ☎ 0131 663 2083.

Midlothian Council Travel
Permits and Passes Team
2nd Floor, Midlothian House
Buccleuch Street
Dalkeith, EH22 1DN
Tel: ☎ 0131 561 5455 or
Email: ptu@midlothian.gov.uk

**Thanks to Midlothian
Travel Permits and Passes
Team for this information.**



Accessible Transport for Disabled People in Midlothian

Public transport services in Midlothian are operated by buses that are considerably easier to use than in the past. Legislation requires all coaches to be fully accessible by standard wheelchairs by 2020. Lothian Buses has been 100% low-floor since 2009, both Lothian buses and Borders buses take one standard size wheelchair per bus. A standard wheelchair must not exceed 700mm wide by 1500mm long. Smaller vehicles, such as those operated by HcL and LCTS, mostly have special access facilities such as lifts.

Midlothian Council helps to fund Dial-a-Ride, a special door-to-door service for people who have mobility restrictions. This includes those who cannot physically manage to board a standard bus vehicle, as well as those who live too far from a standard bus service to reach it comfortably. Dial-a-Ride services are operated by HcL For Dial-a-Ride bookings and enquiries Tel: ☎ 0131 447 9949

Dial-a-Bus offers once-a-week trips to selected shopping centres from most towns and villages. An easy-to-board bus calls at your door, and brings you back after your shopping trip. You can have a carer with you. There is a flat rate fare for these trips. Dial-a-Bus services are operated by HcL. See page 10 for journey details. For Dial-a-Bus bookings and enquiries Tel: ☎ 0131 447 1718
24/3A Dryden Road
Bilston Glen Industrial Estate
Loanhead, EH20 9HX.
www.hcltransport.org.uk/

Midlothian Council also supports Lothian Community Transport Services [LCTS] which provides five community bus routes R1, R2, R3, R4 and R5 [shown below]. If you are a non-profit making voluntary or community group and need to arrange transport, LCTS can hire you a minibus for 15 passengers. All vehicles can take wheelchair users, although the number of other passengers falls as space is created for a wheelchair. Vehicles can be with-driver or self-drive. For LCTS vehicle bookings and community bus network enquiries, contact LCTS on 0131 663 0176 Email: info@lcts.org.uk
lcts.org.uk www.lcts.org.uk/

Lothian Community Transport Services (LCTS)

Lothian Community Transport Service relies on **volunteers** to drive its vehicles and deliver important services within communities in Midlothian.

Are you:

- Between 21 and 70 and hold a driving licence with D1 entitlement?
- Wanting to broaden your experience and develop skills and able to spare a couple of hours?
- Think you could put something back into the community and are interested in meeting and helping people?

Have you thought about volunteering or doing something worthwhile to help others?

They offer:

- Out-of-pocket expenses;
- Additional training opportunities;
- An opportunity to enhance the quality of someone's life.

For more information and enquiries contact Lothian Community Transport Services:

LCTS, 6b Newmills Road, Dalkeith EH22 1DU Tel: ☎ 0131 663 0176 or Edinburgh Tel: ☎ 0131 669 9959 Email: info@lcts.org.uk www.lcts.org.uk/

Lothian Community Transport Services is an independent organisation that provides, promotes and supports high-quality passenger transport services including:



- Accessible minibus hire services to around 200 member organisations;
- High quality training for transport operators;
- Support services for transport providers.

Lothian Community Transport Services minibus hire services operate from bases in Edinburgh and Dalkeith and are available to not-for-profit organisations in Edinburgh, Midlothian. All their minibuses are available for hire on both a “Self-Drive” and “With-Driver” basis and their charges are mostly mileage-based.

Bookings are subject to vehicle and driver availability. Minibuses can only be hired by member organisations and full details are available in their Vehicle Hire Policy. Anyone driving a vehicle in the LCTS fleet must be on the LCTS Register of Approved Drivers.

Midlothian Community Bus Network

The LCTS minibus, which is wheelchair accessible, will stop at all bus stops on the route. In streets without a bus stop, the minibus stops to pick you up on a hail and ride basis.

Fares updated April 1st 2020

Adults [16 years and over] [single] ...£1.80;

NEC for over 60s and disabledFREE;

NEC Young Scots [16-18 years] [single]...£1.20;

Children [under 16 years].....90p.

Please help the driver by having the exact fare ready. If you use a National Entitlement Card [NEC] for concessionary travel, please have the card ready when boarding.

Important information for wheelchair users

If you are a wheelchair user, LCTS may be able to arrange for the Community Bus to pick you up at your door. If you require this service, you must let LCTS know by Friday for the following Monday, or Tuesday for the following Thursday.

LCTS Community Bus Routes

R1 Thursdays Only	All times approximate	L C T S	From 1 st August 2020
1st Journey			
Dalkeith South Street 10.00 hrs			
Dalkeith Jarnac Court 10.02 hrs			
Dalkeith Morrisons 10.03 hrs			
Eskbank Tesco 10.10 hrs			
Bonnyrigg Cockpen Road 10.19 hrs			
Carrington Village 10.27 hrs			
Temple Village 10.31 hrs			
Gorebridge Birkenside 10.36 hrs			
Gorebridge outside Library 10.39hrs			
Newtonloan Toll 10.43 hrs			
Bonnyrigg Cockpen Road 10.47 hrs			
Bonnyrigg High street 10.50 hrs			
Bonnyrigg Co-op 10.51 hrs			
Eskbank Tesco 10.53 hrs			
Dalkeith Morrisons 10.58 hrs			
Dalkeith South Street 11.04 hrs			
Dalkeith South Street 11.08 hrs			
Dalkeith South Street 12.45 hrs			
Dalkeith Jarnac Court 12.47 hrs			
Dalkeith Morrisons 12.48hrs			
Eskbank Tesco 12.55 hrs			
Bonnyrigg High Street 13.00 hrs			
Bonnyrigg Co-op 13.01 hrs			
Bonnyrigg High Street 13.03 hrs			
Bonnyrigg Cockpen Road 13.06 hrs			
Gorebridge outside Library 13.10 hrs			
Gorebridge Birkenside 13.14hrs			
Temple Village 13.17 hrs			
Carrington Village 13.22 hrs			
Bonnyrigg Cockpen Road 13.26 hrs			
Eskbank Tesco 13.34 hrs			
Dalkeith Morrisons 13.43 hrs			
Dalkeith South Street 13.49 hrs			
Dalkeith South Street 13.53 hrs			

R2 Thursdays Only

From 1st August 2020



1st Journey

- Dalkeith South Street 09.00 hrs
- Dalkeith Jarnac Court 09.02 hrs
- Dalkeith Dalhousie Road 09.03 hrs
- Newtongrange opp Mining Museum 09.04 hrs
- Greenhall Barleyknowe Crescent 09.06 hrs
- Gorebridge Wilson Road 09.10 hrs
- Gorebridge Arnprior Road 09.12 hrs
- Gorebridge Hunter Road 09.15 hrs
- Gorebridge Gore Square 09.18 hrs
- Gorebridge Outside Avenue 09.21 hrs
- Bonnyrigg Library 09.22 hrs
- Bonnyrigg Cockpen Road 09.24 hrs
- Bonnyrigg High Street 09.27 hrs
- Bonnyrigg Co-op 09.31 hrs
- Bonnyrigg High Street 09.35 hrs
- Eskbank Bonnyrigg Road 09.38 hrs
- Dalkeith Morriasons 09.41 hrs
- Dalkeith South Street 09.46 hrs
- Dalkeith South Street 09.51 hrs
- Dalkeith South Street 09.53 hrs

R2 Thursdays Only

From 1st August 2020



2nd Journey

- Dalkeith South Street 11.20 hrs
- Dalkeith Jarnac Court 11.22 hrs
- Dalkeith Morriasons 11.23 hrs
- Eskbank Bonnyrigg Road 11.25 hrs
- Bonnyrigg High Street 11.27 hrs
- Bonnyrigg Co-op 11.32 hrs
- Bonnyrigg Cockpen Road 11.33 hrs
- Newtonloan Toll 11.35 hrs
- Gorebridge outside Library 11.38 hrs
- Gorebridge Gore Avenue 11.42 hrs
- Gorebridge Hunter Square 11.46 hrs
- Greenhall Barleyknowe Crescent 11.49 hrs
- Gorebridge Arnprior Road 11.51 hrs
- Gorebridge Wilson Road 11.52 hrs
- Newtongrange opp Mining Museum 11.55 hrs
- Lothianbridge Kings Gate 11.58 hrs
- Eskbank Dalhousie Road 12.01 hrs
- Dalkeith Morriasons 12.03 hrs
- Dalkeith South Street 12.07 hrs
- Dalkeith South Street 12.09 hrs
- Dalkeith South Street 12.11 hrs
- Dalkeith South Street 12.13 hrs

R3 Thursdays Only

From 1st August 2020



1st Journey

- Dalkeith South Street 14.00 hrs
- Dalkeith Jarnac Court 14.02 hrs
- Dalkeith Morriasons 14.03 hrs
- Eskbank Lasswade Road 14.06 hrs
- Danderhall Campview Crescent 14.15 hrs
- Danderhall Forth View Crescent 14.19 hrs
- Danderhall The Circle 14.21 hrs
- Danderhall Edmonstone Road 14.23 hrs
- Newton Village 14.26 hrs
- Millerhill 14.30 hrs
- Old Craighall 14.32 hrs
- Asda, The Jewel 14.40 hrs


R3 Thursdays Only

From 1st August 2020




2nd Journey

- Asda, The Jewel 16.00hrs
- Old Craighall 16.08 hrs
- Millerhill 16.10 hrs
- Newton Village 16.14 hrs
- Danderhall Edmonstone Road 16.17 hrs
- Danderhall The Circle 16.19 hrs
- Danderhall Forth View Crescent 16.21 hrs
- Eskbank Lasswade Road 16.25 hrs
- Dalkeith Morriasons 16.34 hrs
- Dalkeith South Street 16.38 hrs
- Dalkeith South Street 16.40 hrs

R4 Mondays Only  From 1st August 2020

1st Journey


Dalkeith South Street 09.05 hrs
 Dalkeith Jamac Court 09.07 hrs
 Eskbank Lasswade Road 09.11 hrs
 Lasswade Village Laird & Dog 09.15 hrs
 Loanhead Mavisbank 09.20 hrs
 Loanhead Burghlee Crescent 09.25 hrs
 Loanhead The Loan 09.27 hrs
 Loanhead Park Avenue 09.31 hrs
 Loanhead Dalum Loan 09.34 hrs
 Loanhead Gaynor Avenue 09.36 hrs
 Loanhead Library 09.38 hrs
 Straiton Retail Park 09.42 hrs
 Straiton Sainsbury's 09.45 hrs
 Straiton Asda 09.50 hrs

R4 Mondays Only  From 1st August 2020

2nd Journey


Straiton Asda 11.25 hrs
 Straiton Sainsbury's 11.30 hrs
 Straiton Retail Park 11.35 hrs
 Loanhead Library 11.38 hrs
 Loanhead Gaynor Avenue 11.41 hrs
 Loanhead Dalum Loan 11.43 hrs
 Loanhead Park Avenue 11.46 hrs
 Loanhead Burghlee Crescent 11.50 hrs
 Loanhead Mavisbank 11.52 hrs
 Loanhead High Street 11.55 hrs
 Loanhead Hawthorn Gardens 11.57 hrs
 Straiton Retail Park 12.00 hrs
 Straiton Sainsbury's 12.03 hrs
 Straiton Asda 12.05 hrs

The route R4 changes to route R5 to return to Dalkeith; See below.

R5 Mondays Only  From 1st August 2020

1st Journey

Lasswade Village Laird & Dog 09.55 hrs
 Loanhead The loan 10.00 hrs
 Straiton Asda 10.04 hrs
 Bonnyrigg High street 10.07 hrs
 Carrington Road 10.10 hrs
 Temple Village 10.17 hrs
 Gorebridge Birkenside 10.22 hrs
 Gorebridge Hunter Square 10.29 hrs
 Gorebridge Wilson Road 10.31 hrs
 Greenhall Barleyknowe Lane 10.32 hrs
 Newtonloan Lane 10.35 hrs
 Bonnyrigg Cockpen Toll 10.38 hrs
 Bonnyrigg High Street 10.40 hrs
 Lasswade Laird & Dog 10.44 hrs
 Loanhead Clerk Street 10.47 hrs
 Straiton Retail Park 10.50 hrs
 Straiton Asda 10.55 hrs
 Straiton Sainsbury's 11.03 hrs
 Straiton Sainsbury's 11.08 hrs

R5 Mondays Only  From 1st August 2020

2nd Journey

Straiton Sainsbury's 12.45 hrs
 Straiton Retail Park 12.55 hrs
 Straiton Asda 12.58 hrs
 Loanhead Clerk Street 13.02 hrs
 Lasswade Laird & Dog 13.05 hrs
 Bonnyrigg High Street 13.08 hrs
 Bonnyrigg Cockpen Toll 13.12 hrs
 Gorebridge Barleyknowe Lane 13.16 hrs
 Gorebridge Wilson Road 13.17 hrs
 Gorebridge Arnprior Road 13.20 hrs
 Gorebridge Hunter Road 13.21 hrs
 Temple Square 13.23 hrs
 Gorebridge Birkenside 13.25 hrs
 Carrington Village 13.30 hrs
 Bonnyrigg Cockpen Toll 13.35 hrs
 Bonnyrigg High Street 13.42 hrs
 Dalkeith South Street 13.49 hrs
 Dalkeith South Street 13.53 hrs

Buses Across Midlothian

In 2020 5 bus companies run buses across or through Midlothian. The biggest bus company is Lothian Buses. 100% of the fleet is now wheelchair accessible. Lothian Buses can carry one wheelchair passenger at a time. If a person with a wheelchair is already aboard the next bus will only be a short while behind. For more information and a complete timetable please visit www.lothianbuses.com/ or Tel: ☎ 0131 555 6363

Travelling as a wheelchair user or with a wheelchair user on Lothian Buses:

A wheelchair user will not be able to board a bus if the bus is full, or if there is already a wheelchair user occupying the wheelchair space. Wheelchairs which are in a condition which could endanger other passengers or damage their belongings will not be carried. Wheelchair users and/or carers must ensure that the wheelchair is positioned against the “ironing board” backrest, facing the rear of the bus with the brakes ON. Ask the driver for assistance if necessary. Whenever the wheelchair space is needed by a wheelchair user, other passengers must move to make it available unless the bus is full.

Advice and guidance for travelling safely on Bus networks

As public transport increase service levels across Edinburgh and the Lothians, it is important to share some advice on how you can travel safely across the networks.

The Scottish Government published Covid-19 Transport Guidance read the guidance in full.

Please help keep everyone safe by following the advice below.

Respect your driver and any other authority

Public transport companies are doing everything to protect their drivers by providing them with face coverings, gloves, hand sanitiser and anti-bacterial disinfectant wipes. Drivers are reminded of frequent hand washing and to keep their distance where they can.

Before you travel

Should I travel?

You should not travel if you or anyone in your household is experiencing coronavirus symptoms (new continuous dry cough, fever or the loss of or a change in your sense of smell or taste) or if you are self-isolating. It is also recommended that you do not travel on public transport if you are currently shielding.

Plan your journey

Make time to plan your journey using our journey planner or through our mobile app. Please be patient when travelling at busy times. Your journey may take longer than normal due to reduced capacity and social distancing measures and you should allow sufficient time for your journey. You may be required to wait for the next service if you cannot safely keep your distance from other people.

Payment

Please consider how you plan to pay for your journey. All buses accept contactless payments or you can buy tickets in advance using our m-ticket app. Please avoid paying by cash but where this isn't possible, cash can be paid directly into the hopper. Please note all of our services are exact fare only – our drivers can't dispense change.

Boarding the bus

At the bus stop

When waiting at the bus stop, try to maintain the recommended physical distance from other waiting customers, where possible. Please have your fare, pass, ticket or m-ticket ready when the bus arrives to minimise the time it takes to board. Avoid paying cash where possible.

Boarding the bus

When your bus arrives, please wait for people to get off the bus before you board and only board the bus one at a time.

On the bus

Where to sit

Please use every other seat where possible. If you are travelling with other members of your household, please sit together to leave seats free for other customers.

Increase airflow

Please leave windows open to increase airflow. Some buses will also have air conditioning turned on to help air flow freely through the vehicle.

Face Coverings

As of 21 June 2020, face coverings are mandatory when travelling on public transport. Customers must follow Scottish Government's advice and guidelines on wearing a face covering when using public transport. This advice also states that the wearing of a face covering for very young children or those with particular health conditions is not appropriate. However, bus drivers **cannot** enforce this legislation. If you are worried about travelling when someone is not wearing a face covering ask the driver to let you off the bus.

Show kindness and consideration

Please be patient and kind to all other customers. Remember, not all conditions or disabilities are visible. Please do not eat or drink on board buses and please take all your belongings and rubbish off the bus with you.

Getting off the bus

Behind the line

Buses have been fitted with a line on the floor. Please remain behind the line until the bus has stopped and the doors are opened. If there are customers in the wheelchair space or seats near the front of the bus, please maintain a physical distance at all times. When getting off the bus, customers who travel in a wheelchair should press the bell and wait in the bay until the driver has deployed the ramp and then moved away from the bus, to give you physical distance.

Our drivers will continue to deploy the ramp when required, but customers should wait at least 2m away from the door, to allow the driver to deploy the ramp and maintain social distance. When getting off the bus, please press the bell and wait in the bay until the driver has deployed the ramp and then moved away from the bus, to give you social distance.

Remember to wash your hands thoroughly with soap and water or use a hand sanitiser before and after every journey.

One-Ticket

One-Ticket has partnered with Edinburgh Trams to allow all One-Ticket ticket holders eligible to travel in Edinburgh SmartZone access to the city's tram system.

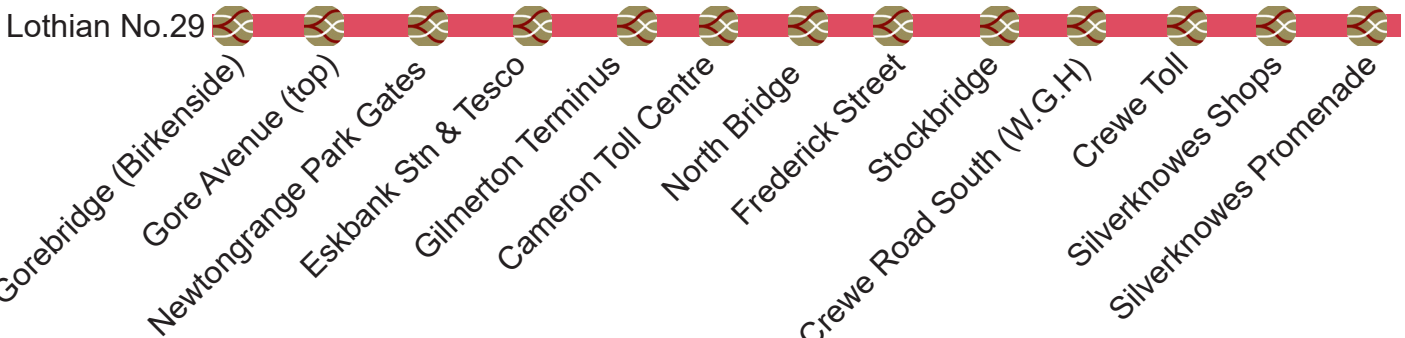
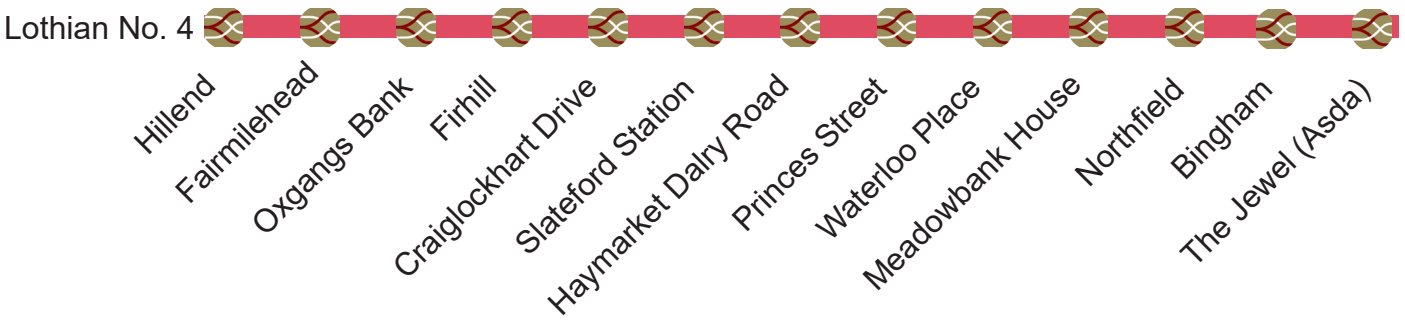
From Sunday 30 August, One-Ticket customers can now use the city's tramway from all stops in the Tram city fare zone between Ingliston Park & Ride and the City Centre.

One-Ticket enables customers to conveniently travel between bus, train and tram on eligible tickets. To find out more, visit www.one-ticket.co.uk Once you've purchased your One-Ticket ticket, simply present to the Tram on board Ticket Inspector.

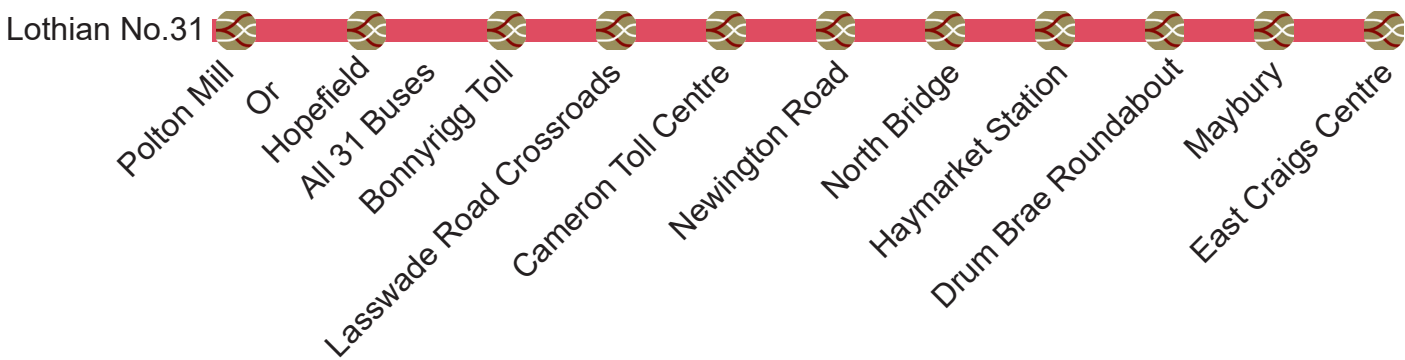
Lothian Bus Routes

From the 2nd August 2020

Alternative terminus for Lothian bus No3: Dalkeith Campus and Mayfield.



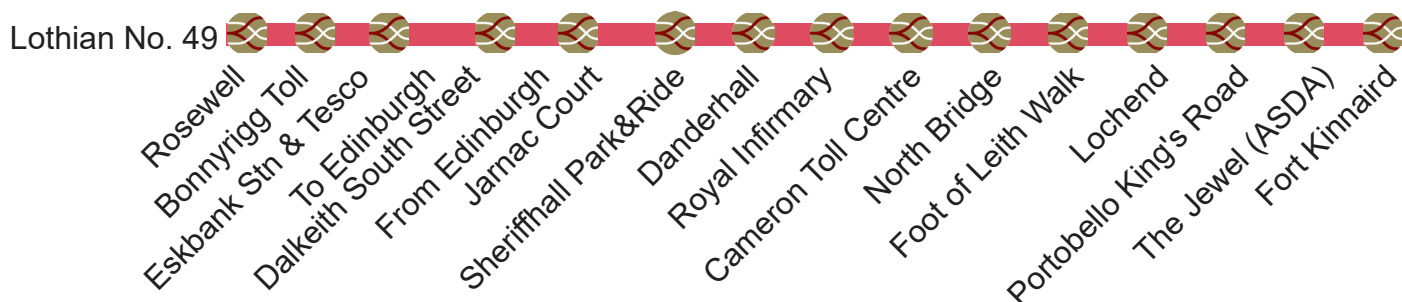
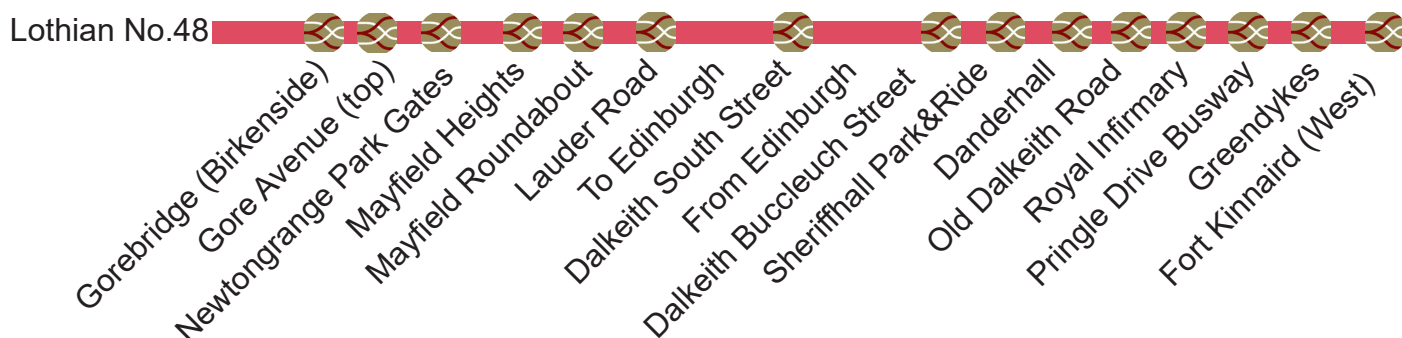
Alternative terminus for Lothian No. 31 Hopefield or Polton Mill Sunday all buses Hopefield.



Alternative routes for No. 37: A selection of number 37 buses run from Silverknowes to Bilston and terminate at Easter Bush Campus. Day time services only, between 07.00 hrs until 18.00 hrs. Easter Bush is the location of The Royal School of Veterinary Studies. Not Saturday or Sunday.

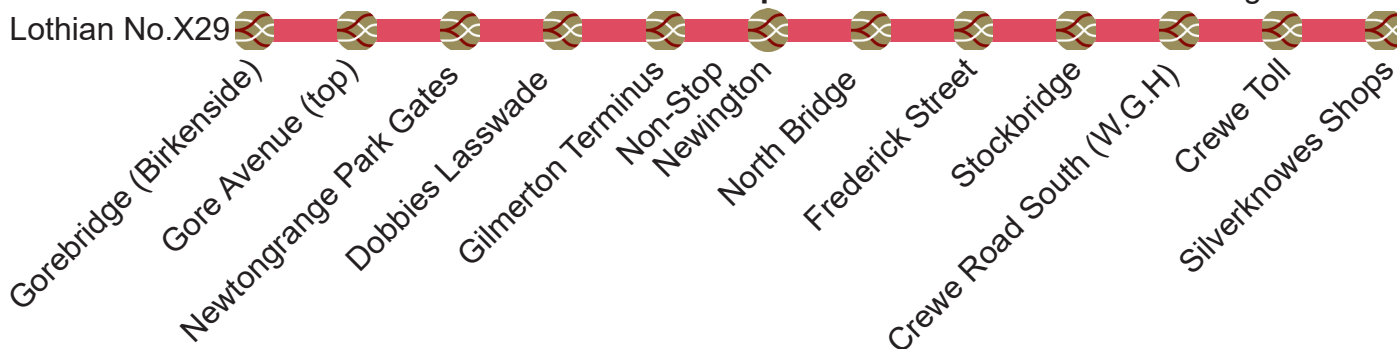


Some peak time journeys Mondays to Fridays will be re-numbered 47B to Easter Bush.



Lothian Buses Express buses

From the 2nd August 2020

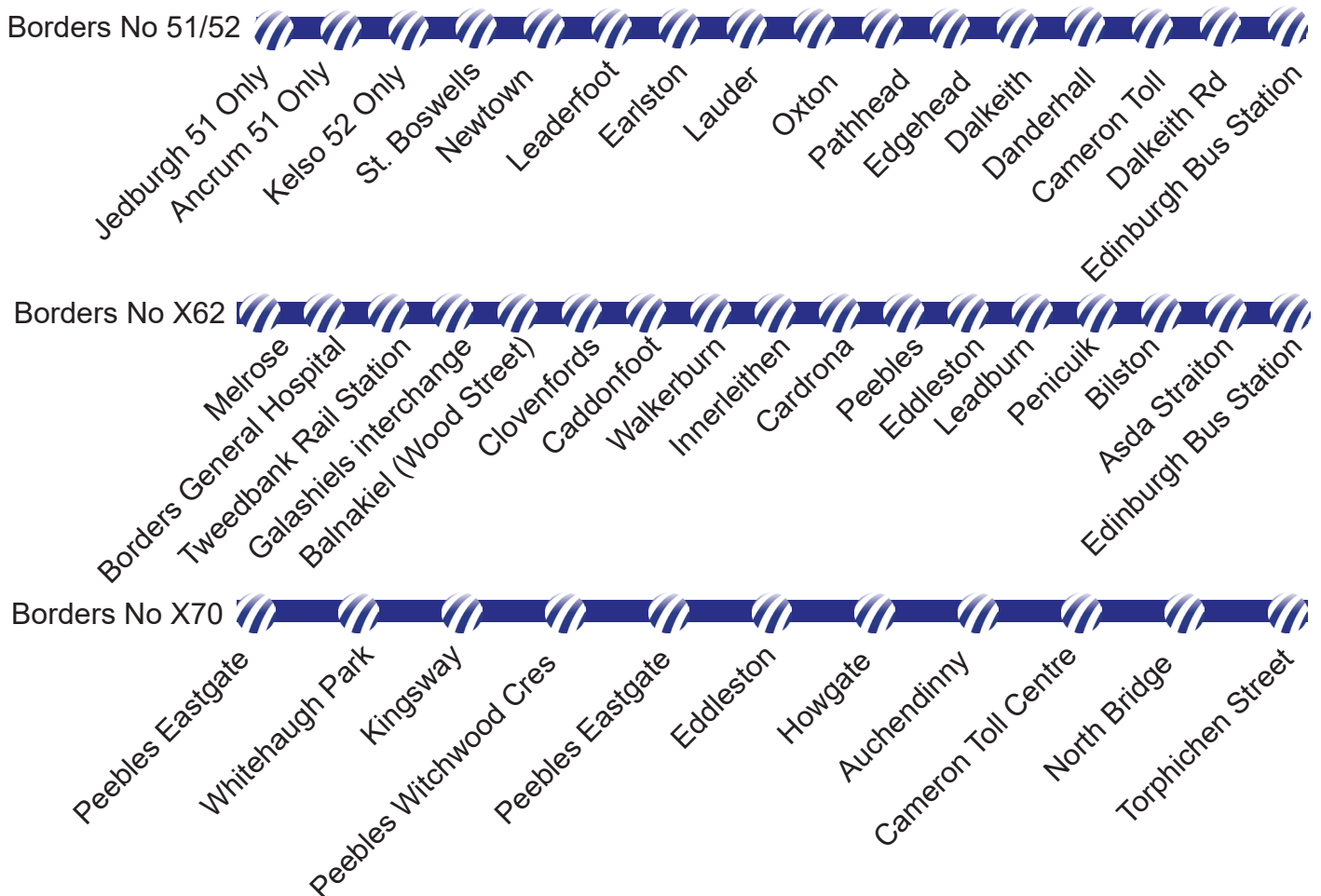




Night Buses.

Lothian Buses also run Night Buses. The N3, N31 and N37 serve Midlothian. For times please visit www.lothianbuses.com/timetables/ **Night Buses being re-introduced.**

Borders Buses. For time tables please visit www.bordersbuses.co.uk



Borders No X95 

Carlisle (English Street)
 Kingstown Rd
 Longtown
 Canonbie
 Langholm
 Mosspaul
 Hawick
 Ashkirk
 Bannerfield
 Selkirk
 Tweedbank
 Borders General Hospital
 Kingsknowes
 Galashiels Interchange
 Stow
 Heriot
 North Middleton
 Newtongrange
 Old Dalkeith Rd
 Dalkeith Rd
 Edinburgh Bus Station

Stagecoach: For times please visit www.stagecoachbus.com/timetables

Stagecoach 101/102



Dumfries
 Heathhall
 St Ann's
 Beattock
 Moffat
 Holywood
 Thornhill Cross
 Elvanfoot
 Abington
 Lamington
 Coulter
 Biggar
 West Linton
 Carlops
 Silverburn
 Penicuik
 Flotterstone
 Fairmilehead
 Morningside
 Lothian Road
 Edinburgh Bus Station

Prentice Of Haddington: For times please visit www.prentice.info/

Prentice 111X One journey each way each day Monday - Saturday runs as an express service

Prentice 111 


Haddington
 East Lothian C.H.
 Longniddry
 Seton Sands
 Port Seton
 Prestonpans
 Whitecraig
 Musselburgh Police
 Musselburgh Tesco
 Old Craighall
 Millerhill
 Newton Village
 Danderhall
 Edmonstone Rd
 Royal Infirmary

C.H. - Community Hospital

East Coast Buses: For times please visit <https://eastcoastbuses.co.uk>

East Coast No.139 

Woodburn
 Thornybank Roundabout
 Dalkeith Jarnac Court
 Eskbank Stn & Tesco
 Midlothian CH
 Eskbank Stn & Tesco
 Dalkeith Buccleuch Street
 Woodburn

East Coast No. 140 

Penicuik
 Roslin
 Loanhead
 Lasswade
 Bonnyrigg
 Eskbank
 Dalkeith
 Musselburgh

Borders No 339 

Eskbank Stn & Tesco
 Midlothian Community Hospital
 Bonnyrigg Toll
 Brixwold
 Newtongrange
 New Hunterfield
 Gore Avenue
 Gorebridge Station
 Mossend
 Greenhall Road
 Newtongrange
 Brixwold
 Bonnyrigg Toll
 Midlothian Community Hospital
 Eskbank Stn & Tesco

Thanks to Midlothian Travel Team for all the information they supplied on public transport across Midlothian and for supporting MOPA

Buses and Trains at Midlothian Community Hospital

East Coast Buses 139 and Borders Buses 339 are the only bus services that enter the hospital grounds and stop at the main entrance to the hospital. Lothian Buses 49, East Coast Buses 140 and LCTS R1 and R2, all call at bus stops on Eskbank Road from where there are both stepped and step-free access to the hospital main entrance.

Walk south from the hospital main entrance and join the footpath that runs from Bonnyrigg to Eskbank Station. Turn East and the path crosses the A7 via a footbridge that leads to the bus stop at Tesco and Eskbank Station. Alternatively take 139 or 339 and change at Tesco for Lothian Buses 29 and 49, and LCTS R1, R2 and Eskbank Rail Station. Borders Buses X95 calls at Eskbank Toll, a walk of about a mile, or take the 49, 139 or 140 to Eskbank Toll and change.

Midlothian Council's Travel Team produces a map showing the buses and pathways around the Community Hospital, Tesco and Eskbank Station. Printed copies are available at all Midlothian libraries, main offices and Midlothian Community Hospital.

Buses To and From Edinburgh Royal Infirmary

There is a six bay bus hub on the southern side of the ERI between the hospital and the new Bio Quarter. Three bus services link the ERI directly with parts of Midlothian.

Lothian Buses 48 to Dalkeith, Mayfield, Newtongrange & Gorebridge;

Lothian Buses 49 to Dalkeith, Bonnyrigg, & Rosewell;

Prentice 111 to Danderhall (Edmonstone Road) Newton Village, Millerhill, Musselburgh, East Lothian Community Hospital & Haddington.

Other bus services run from the ERI Hub giving a choice of links from Midlothian via the ERI to points across Edinburgh and beyond.

Lothian Buses 7 to Newhaven

Lothian Buses 8 to Muirhouse

Lothian Buses 33 to Wester Hailes

Lothian Buses 24 to West Granton

Lothian Buses 400 Skylink to Airport

Lothian Buses 38 to Granton via Western General

Horsburgh 40/X40 to St John's Livingston

Lothian Buses 48 to Fort Kinnaird

Lothian Buses 49 to Fort Kinnaird

NHS Shuttle to the Sick Kids Hospital and the Western General Hospital.

Two services do not enter the ERI grounds, but call at bus stops on the main road:

Borders Buses 51/52 – Edinburgh to Dalkeith, Pathhead, Lauder & Jedburgh/Kelso;

Borders buses X95 – Edinburgh to Newtongrange, Galashiels, Selkirk, Hawick & Carlisle.

There is a diagram of the ERI stops on the Sheriffhall Park and Ride leaflet published by Midlothian Council and is available from libraries, main Council offices and some health centres.

Buses To and From Edinburgh Western General

Two bus stops within the grounds of the Western General Hospital are served by

Lothian Buses 38 [Granton-WGH-ERI] & East Coast Buses 113 [WGH-City-Pencaitland]

NHS Shuttle to Sick Kids and the ERI.

Other services call at bus stops on Crewe Road South. Three of these bus services link the WGH directly with parts of Midlothian

Lothian Buses 29 to Gorebridge

Lothian Buses 37 to Penicuik Deanburn

Lothian Buses 47 to Penicuik Ladywood

Other bus services run from the WGH giving a choice of links from Midlothian via WGH to points across Edinburgh and beyond

Lothian Buses 19 to Granton Square

Lothian Buses 19 to King's Road

Lothian Buses 24 to West Granton

Lothian Buses 24 to ERI

Lothian Buses 29 & 37 to Silverknowes

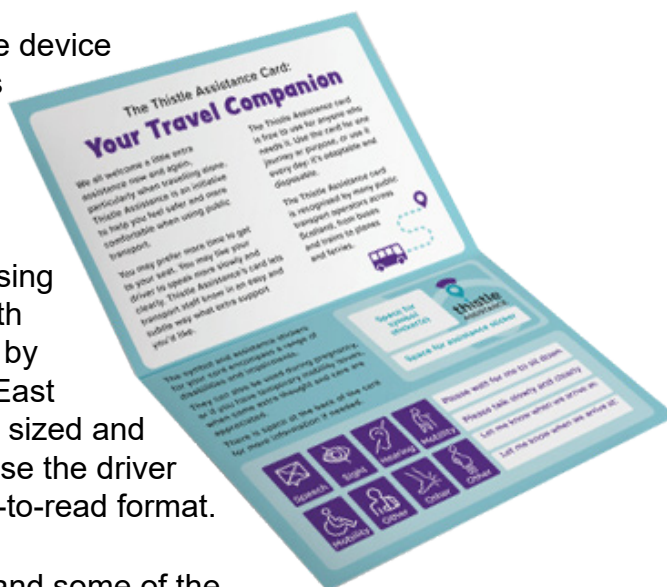
Lothian Buses 47 to Granton Waterfront/Harbour

The Thistle Assistance Card Scheme

The Thistle Assistance Card is available to help anyone who has difficulty in using public transport because of age, disability or illness. If you prefer the card to place in your purse you can apply at www.thistleassistance.com/get-the-card/ and complete the section at the foot of the page. Then press the submit button and the will arrive by post.

For people with a smart phone or a phablet use the device to access the Google Play Store or for Apple users access the App Store, use the search function to search for the Thistle Assistance Card install on device then customise for your own requirements.

The Thistle assistance card is designed to make using public transport easier for older people or those with disabilities or illness. The card, which is supported by a wide variety of voluntary organisations in South East Scotland and by most bus operators, is credit-card sized and comes with a supply of peel-off stickers which advise the driver of your disability and the help you need in an easy-to-read format.



The www.thistleassistance.com/ looks pretty and some of the functions work. However, screen readers struggle with this website with elements not used correctly and duplicate navigation in the footer. For a service aimed at people with a disability the usability was of no concern. Content management systems lack some design standards for accessibility use.

Wheelchairs on Public Transport

Before you Travel!

The majority of wheelchair users will be able to travel on public transport. Wheelchairs that cannot fit on public transport include:

- If your chair is more than 700mm wide by 1500mm length. A normal chair is approx 660mm wide by 1065mm length when you are in it,
- If your chair is very heavy and chair and passenger exceed 220 kilograms.
- Public Transport do not carry scales it is the wheelchair user's responsibility to know the combined weight. Scales can be found in most hospitals,
- If you need to travel with your legs fully extended or the backrest reclined,
- If you use a scooter that is difficult to manoeuvre and may be unstable in a vehicle.

You must ensure that your wheelchair is in a safe condition to travel.

This means, for example, making sure that it is correctly maintained, that the tyres are properly inflated, that you have not overloaded the back of the chair with bags (this can cause the chair to tip over backwards on a ramp). If you have a powered chair you must ensure that the battery is secure. If your chair has adjustable kerb climbers you should check that they are set so that they do not catch on the ramp.

The transport operator has the right to refuse to let you travel if he believes that your wheelchair is not in a safe condition.

Class 2 scooters can now travel on Edinburgh Trams with the correct certificate - see the tram section.

Bus Users Scotland

If you have experienced problems on a bus and have not had a satisfactory response from the bus company with the dispute then you can ask or help from Bus Users Scotland.

Bus Users Scotland is part of Bus Users UK - a non-profit organisation which works on behalf of all bus users to ensure that operators meet your needs. Think of us as the voice of passengers.

Bus Users Scotland works with partners across the country including:

- The Scottish Government;
- Local transport authorities;
- Bus companies.

They aim to increase standards in bus travel and put the needs of bus passengers at the heart of transport policy.

The Scottish economy is hugely reliant on bus services. More than 400 million passenger journeys are made on local buses each year. Buses provide links to remote, rural communities and offer vital access to families, employment, education, health and social facilities.

Along with coach travel, bus services also provide the infrastructure for a flourishing market in tourism - yet they are facing funding cuts that could threaten services and lead to fare increases. The aim of Bus

Users Scotland is to offer bus passengers the same protection and safeguards already available to rail passengers.

Bus Users Scotland has a head office in Edinburgh.

The focus of Bus Users Scotland is in four key areas:

- Compliance monitoring to check bus services are running where and when they should be,
- Complaints management, to ensure that complaints are handled efficiently and effectively,
- Good practice development: working with bus companies, acting on complaints and sharing best practice,
- Advocacy: working with government, local authorities, special interest groups, Transport Scotland and bus companies to make sure the views and interests of passengers are properly represented.

Bus Users Scotland is part of the Bus Users family, which also has a successful presence in England and Wales. They champion the interests of bus users and campaign to make bus and coach services the best they can possibly be.

Contact Details:

Bus Users Scotland
Hopetoun Gate,
8b McDonald Road,
Edinburgh EH7 4LZ
Tel: 0131 523 1309

www.bususers.org/scotland/about-us

Complaints Call 0300 111 0001



Dial-a-Bus Midlothian HcL

Service is currently suspended, Midlothian Council protocol social distancing will restart shortly.

Transport for people with mobility challenges

All routes in Midlothian are supported by Midlothian Council. All Dial-a-Bus transport is wheelchair accessible. Each journey has a cost attached. Routes going to Straiton [#] stop at Straiton Retail Park, Sainsbury's and Asda, but you can only disembark at one. Routes going to Gilmerton (%) stop at Lidl, Morrisons and Aldi, but you can only disembark at one.

You need to be registered with HcL to use this service

How Does it Work?

You need to book a place by telephoning your local office, Monday to Friday. Their bus will then pick you up at your door (if necessary the driver will escort you to the bus) and will set you down at the shopping location. You will have between 1 to 2 hours at the shopping centre and then return home. The driver will take you and your shopping to your door if you need help.

Edinburgh, Midlothian and East Lothian HcL

Dial-a-Bus - ☎ 0131 447 1718

24/3A Dryden Road

Bilston Glen Industrial Estate

Loanhead, EH20 9HX.

www.hcltransport.org.uk/



Day	Number	Departure	Return	Pick Up Areas	Destination
Tuesday	M1	09:00 hrs	11:00 hrs	Gorebridge - Newtongrange - Easthouses - Mayfield - Woodburn - Dalkeith	Newbattle Health Centre & Cameron Toll
Tuesday	M2	10:00 hrs	12:00 hrs	Old Craighall - Millerhill - Newton Hilltown - Danderhall	Danderhall and Cameron Toll
Tuesday	M3	13:00 hrs	16:15 hrs	Penicuik - Auchendinny - Roslin - Bilston - Straiton - Loanhead inc Edgefield	Gyle (Every 2 weeks)
Tuesday	M4	13:30 hrs	15:30 hrs	Newlandrig - Dewartown - Pathhead - Ford - Edgehead - Whitehill	Tesco Eskbank
Tuesday	M5	14:30 hrs	16:30 hrs	Newtongrange - Easthouses - Mayfield - Woodburn - Dalkeith	Newbattle Health Centre & Tesco Eskbank
Wednesday	M6	09:45 hrs	11:45 hrs	Gorebridge - Newtongrange - Easthouses - Mayfield - Woodburn - Dalkeith	Newbattle Health Centre & Tesco Eskbank
Wednesday	M8	14:30 hrs	16:30 hrs	Rosewell - Bonnyrigg - Eskbank - Newbattle	Straiton [#]
Wednesday	M9	13:30 hrs	15:30 hrs	Penicuik - Auchendinny - Roslin - Bilston - Loanhead inc Edgefield	Straiton [#]

Day	Number	Departure	Return	Pick Up Areas	Destination
Thursday	M10	09:00 hrs	11:00 hrs	Roslin - Bilston - Loanhead inc Edgefield	Straiton [#]
Thursday	M11	10:00 hrs	12:00 hrs	Old Craighall - Millerhill - Newton Hilltown - Danderhall	Danderhall & Gilmerton [%]
Thursday	M12	13:30 hrs	15:30 hrs	Rosewell - Howgate - Pomathorn - Penicuik - Auchendinny	Cameron Toll
Friday	M13	09:00 hrs	11:00 hrs	Bilston - Roslin - Auchendinny - Leadburn - Penicuik	Tesco Penicuik
Friday	M15	10:00 hrs	12:00 hrs	Rosewell - Bonnyrigg - Eskbank - Newbattle	Gilmerton [%]
Friday	M16	13:30 hrs	15:30 hrs	Old Craighall - Millerhill - Newton Hilltown - Danderhall	Danderhall & Morrisons Dalkeith
Friday	M17	14:30hrs	16:30 hrs	Gorebridge - Newtongrange - Easthouses - Mayfield - Woodburn - Dalkeith	Newbattle Health Centre & Morrisons Dalkeith
[#] STRAITON - Straiton Retail Park or Sainsbury's or ASDA [%] GILMERTON - Lidl or Morrison's or Aldi					
Concessionary passes are NOT valid on these services					

Dial-A-Ride

The Dial-A-Bus and Dial-A-Ride services continue to be operated by HcL on behalf of Midlothian Council. Dial-A-Bus provides transport from home to local shopping centres for people with limited mobility who cannot manage by ordinary bus. Dial-A-Ride provides a door-to-door transport service for people with limited mobility who are unable to use ordinary buses or who are isolated because of where they live or other factors.

Visit HcL transport for more details or pick up an HcL leaflet at any Midlothian library. At the time of printing, only Dalkeith Library is open. Other branches will open ASAP. For the most up to date information www.midlothian.gov.uk/libraries or call Dalkeith Library on ☎ 0131 663 2083.

Dial-a-Ride HcL

Dial-a-Ride

Dial-A-Ride provides a door-to-door transport service for people with limited mobility who are unable to use ordinary buses. In addition, in certain circumstances they can provide transport for people who have limited access to public and/or private transport.

The service operates seven days a week including evenings, subject to availability.

It is advisable to book in advance, but you can try for bookings on the same day or day ahead although the availability of these bookings is subject to demand.

Their vehicles are specially adapted to carry combinations of wheelchair users and other passengers safely and comfortably. Each vehicle is linked by two-way radio to their offices in Loanhead and Bathgate.

The driver will also assist you - it is part of the service - so please do not offer a tip.

You need to be registered with HcL to use this service

Passengers must be resident in Edinburgh or the Lothians and journeys are usually undertaken to places within the Lothians.

Can I travel outside the Lothians?

A special tariff is applied for journeys to destinations outwith the Lothian area. Prices will be quoted on request.

Edinburgh, Midlothian and East Lothian HcL
Dial-a-Ride - ☎ 0131 447 9949

24/3A Dryden Road
Bilston Glen Industrial Estate
Loanhead, EH20 9HX.

www.hcltransport.org.uk/

Special Offer
First time user
Dial-a -Bus FREE Round Trip
Dial-a-Ride £6 Discount



Ring & Go.

The Ring & Go scheme, a demand responsive taxi service for communities affected by the withdrawal of regular bus services, is continuing as normal..

Ring & Go

Midlothian Council funds a Ring & Go taxi service to communities that have been isolated following the withdrawal of regular bus services. Ring & Go taxis run only when booked by the scheme members. The Council agrees a contract price for each taxi run. Users pay a fixed rate per single journey, and the Council tops up the payment to the agreed contract price. National Entitlement Card bus passes are not valid for use on Ring & Go. Four schemes operate in Midlothian.

Scheme	Single Fare price	Operator	Area Covered
Auchendinny	£1.70	Penicuik Taxis	Milton Bridge - Penicuik
Cousland	£1.70 Dalkeith	Swift Taxis	Dalkeith
Cousland	£2.80 Pathhead	Swift Taxis	Pathhead
Hilltown	£1.70	Swift Taxis	Hilltown - Cauldcoats
Howgate	£1.70	Penicuik Taxis	Loanstone - Maybank - Penicuik
Pathhead -Edgehead	£2.80	Swift Taxis	Fala - Pathhead - Dewartown - Dalkeith








You must register with the Council Travel Permits and Passes Team if you wish to use this service. Application forms are available in carousels at all Midlothian libraries etc. Completed forms should be sent with a colour passport-style photo to the, for more information.

Travel Permits and Passes Team,
Midlothian House,

Buccleuch Street, Dalkeith, EH22 1DN.


Contact Travel Permits and Passes Team ☎ 0131 561 5455, Email: ptu@midlothian.gov.uk

This symbol  means they can carry a wheelchair. There are conditions.

Midlothian Taxi Companies		
Bonnyrigg		
555 Taxis		☎ 07999 555481
Bonnyrigg Taxis	bonnyrigg-taxis.uk/	☎ 07761 075528
PJ's Kabs Private Hire		☎ 0131 654 0154
Town & Country 	1 wheelchair vehicle. When booking state you need a wheelchair accessible cab.	☎ 0131 660 2666 ☎ 0131 663 2666
Tooters Travel		☎ 07746 608644
United Private Hire	Facebook	☎ 0131 660 0011
Dalkeith		
1212 Taxis 	1 wheelchair vehicle. Must be booked in advance and state you need a wheelchair accessible cab. Pathhead Ring & Go.	☎ 0131 654 1212
Abbey Cabs	www.abbeycabsdalkeith.co.uk/	☎ 0131 357 7444
Academy Cabs	academy-cabs.business.site	☎ 0131 454 9444
Aerial ABW Cabs 	28 wheelchair taxi cab vehicles. When booking state you need a wheelchair accessible cab. aerialabwcabs.co.uk/	☎ 0131 663 2000 ☎ 0131 663 3232 ☎ 0131 663 9666
Dial-A-Cab Direct		☎ 0131 516 4141
Freewheeler Taxis		☎ 0131 660 3880
Midlothian Private Hire	www.midlothianprivatehire.co.uk/	☎ 0131 660 0090
Soave Minibus Hire	www.soaveminibushire.com/	☎ 0131 654 1295
Gorebridge		
D&D Private Hire 	1 wheelchair vehicle. When booking state you need a wheelchair accessible cab.	☎ 01875 820477
Gore Cabs	Carry a small step to assist people getting in and out of minibus. The step in can be quite high for elderly/disabled people.	☎ 01875 822233
Loanhead		
Chauffeur Drive 	3 single wheelchair accessible vehicles and one either two standard wheelchair or one large or extended wheelchair. Must be booked in advance by a Minimum 24 hours.	☎ 0131 440 1192
Fountain Private Hire 	1 wheelchair vehicle. When booking state you need a wheelchair accessible cab.	☎ 0131 440 1688
I & M Taxis Ltd		☎ 0131 440 0362
Pentland Private Hire		☎ 0131 215 1000
Newtongrange		
Grange Cabs		☎ 0131 663 9220
Swift Taxis 	1 wheelchair vehicle. Must be booked in advance. Midlothian Council Ring & Go services for both Cousland and Pathhead. swiftprivatehire.co.uk/	☎ 0131 654 1004 ☎ 0131 660 1031

Midlothian Taxi Companies

Penicuik

Call-A-Car		☎ 01968 679999
FM Transport	www.edinburghairport-taxis.com/	☎ 01968 677370
G.B. Taxis		☎ 01968 676677
JC Taxis		☎ 01968 676161
Penicuik Taxis 	Wheelchair accessible cab must be booked in advance. Ring & Go Howgate and Auchendinny penicuiktaxi.co.uk/	☎ 01968 679600
Rabs Cabs	www.rabscabs.uk/	☎ 01968 678212
Simons Taxis		☎ 01968 672229

Edinburgh

All Edinburgh cabs charge a surcharge when they leave the Edinburgh District boundary.

Central Taxis 	All Taxis wheelchair accessible. www.taxis-edinburgh.co.uk/	☎ 0131 229 2468
ComCab 	All Taxis wheelchair accessible. www.comcab-edinburgh.co.uk/	☎ 0131 272 8000

Transport For a Health Appointment

What to do if you need transport for a health appointment?

If you have an appointment at a hospital or other health venue, or you are visiting someone in hospital you may find that you need to arrange transport. Feedback we have received indicates that people don't always have clear information about how to do this. Information to help is below.

Using Public Transport

If you are planning to travel by public transport, information is included in this newsletter about buses that serve the Royal Infirmary, Western General and Midlothian Community Hospitals [page 14].

Traveline Scotland Journey Planner

For other destinations the Traveline Scotland journey planner can assist. This can be found at www.travelinescotland.com or by calling Traveline Scotland Tel: ☎ 0871 200 22 33. Give details of your start point and destination, along with journey times and the journey planner will give details of bus times, route numbers, bus stop locations and journey times.

Midlothian Community Hospital

A public transport guide for Midlothian Community Hospital has been produced, giving information about bus routes from across Midlothian to the hospital. Copies are available at all Midlothian libraries, main Council offices, the Midlothian Community Hospital [MCH] and the health centres at Pathhead and Penicuik. The bus stop at MCH is closer to the main hospital entrance than the free main car park. Free parking spaces marked for Blue Badge holders are closer to the main door.

Royal Infirmary of Edinburgh

The Royal Infirmary site is undergoing development at present due to the building of the new Royal Hospital for Sick Children and the Department for Clinical Neuroscience. Car parking at the site will continue to be provided. The building work will mean changes to where car parks are located. As a result of the site development the bus stop has been relocated to the rear of the Royal Infirmary, closer to outpatient departments. For more information please visit www.nhlothian.scot/GoingToHospital/Locations/RIE/Pages/default.aspx

Transport Between the Royal Infirmary of Edinburgh and Other Hospitals

If you can reach the Edinburgh Royal Infirmary Bus Hub easily by using the 48 or 49, there are links from the Edinburgh Royal Infirmary to both St John's Hospital in Livingston using Horsburgh's route 40, and to the East Lothian Community Hospital using Prentice of Haddington's route 111. Neither service can be described as frequent, and you would be best to check the timetables for details.



General Anaesthetic + Driving?

Please use public transport, if possible, or arrange to be dropped off at the hospital and picked up again by car. Car parking spaces are limited at some hospitals. There are 'drop off' zones at hospitals.

The Scottish Ambulance Service Patient Transport Service

If you are not able to use public transport and do not have your own private transportation, you may qualify for support from the Scottish Ambulance Service Patient Transport Service

Ambulance transport is available for patients who:

- Require assistance from skilled ambulance staff,
- Have a medical condition that would prevent them from travelling to hospital by any other means,
- Have a medical condition that might put them at risk from harm if they were to travel independently,
- Have mobility difficulties that require the assistance of ambulance care staff,
- Are attending hospital for treatment that might have side effects and require ambulance care on the return journey.



Can I be accompanied by my carer?

There are circumstances when you may be accompanied by a carer or escort:

- If you are under 16 years old,
- If you have learning difficulties,
- If you require more specialist personal support from a carer due to your medical condition or a mental health condition.

How can I request ambulance transport?

To request an ambulance, call the Scottish Ambulance Service Booking line: ☎ 0300 123 1236 OR Text Relay: 📞 18001-0300 123 1236 for patients who may be deaf, hard of hearing or speech impaired. Calls charged at local rates for mobiles and landlines.

When you call the booking line you will be asked for your CHI number. This is a unique health number given to you. The CHI number is a 10 digit number created from your date of birth and four other numbers. You will usually find this at the top of your appointment letter. Do not worry if you cannot find this number as transport can still book transport without it.

Your call will then be forwarded to a Patient Needs Assessment.

A hospital or clinic appointment does not mean that you qualify for ambulance transport. The assessment will help us understand your requirements and if you need to use our service. Patients who are allocated transport unnecessarily may be preventing a patient with a genuine medical reason from getting to hospital.

Ambulance transport is available if you:

- Require assistance from skilled ambulance staff,
- Have a medical condition that would prevent you from travelling to hospital by any other means,
- Have a medical condition that might put you at risk from harm if you were to travel independently,
- Are attending hospital for treatment that might have side effects and require ambulance care on the return journey

You will also be asked about your mobility and home access and if you need a stretcher or need to travel in a wheelchair. This will enable us to send the most appropriate type of transport for your medical need and/or mobility needs.

You will be asked your appointment time and the health centre that you are attending.

A lot of time is wasted by people not cancelling a journey no longer needed. If you need to cancel a journey which has been booked, please call ☎ 0800 389 1333 (freephone from landlines).

What is the NHS Travel Costs Scheme?

If you travel to hospital by other forms of transport, you may be entitled to get help with your costs. More information is available at www.nhsinform.scot/care-support-and-rights/health-rights/access/help-with-health-costs#travel-costs with live support chat.

Other Transport Options

If you do not qualify for Patient Transport Service they will advise you about alternative options.

Travelling Home from Hospital

When being discharged from hospital, the first option to travel home should be family or friends. You should make the staff in the ward aware as soon as possible if you have someone who can collect you from hospital when you are being discharged.

If you have a clinical or mobility need and require assistance, staff in the ward can contact the NHS Lothian Transport Hub. There is limited access to transport and this is prioritised for patients who require assistance and for transfer to other hospitals.



NHS Lothian Transport Hub

When a patient needs transport to leave hospital or be transferred to another hospital, nursing staff will call the Transport Hub on the patient's behalf as access is restricted to NHS Lothian staff.

Call handlers within the Transport Hub have access to various transport options including ambulances, patient transport buses, Royal Voluntary Service patient transport drivers and taxis. The Hub uses the same assessment as the Scottish Ambulance Service to decide what the most appropriate transport solution is for each patient.

The Hub benefits for each patient are:

- Staff are able to access the most suitable type of vehicle for the patients needs,
- The waiting time for transport outwith the Lothians has reduced from 2-3 weeks to 2-3 days,
- Nurses only have to make one 5 minute phone call to arrange transport. Previously this could take up to an hour. This frees up nursing time which can be used for patient care;
- All transport is used more efficiently and all patients that need the assistance of an ambulance crew will receive this assistance.

The Borders Railway

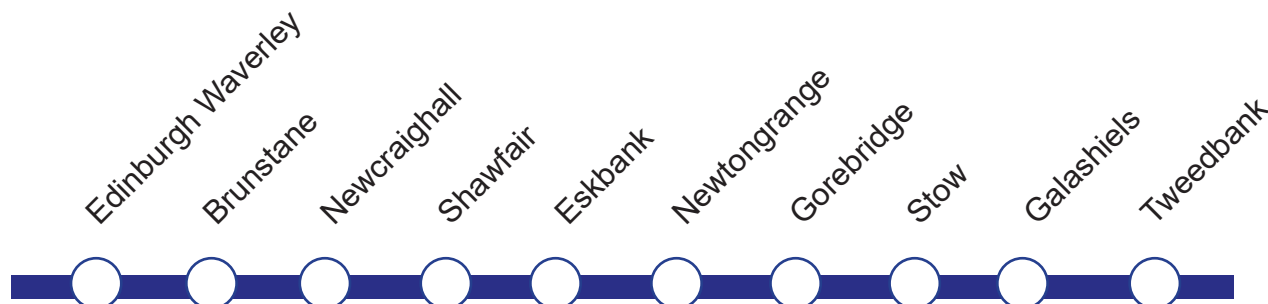
Physical distancing of one meter apply on trains, you are requested not to travel if you feel unwell or have a temperature, do not board a crowded train, it is better to wait and stay safe.

The railway operates a half hourly service between Tweedbank and Edinburgh Waverley. Edinburgh Waverley connects to the rest of the rail network.

Tickets can be bought in advance from www.scotrail.co.uk, by calling the ScotRail Telesales team on ☎ 0344 811 0141 between 0700 and 2200 hrs, seven days a week.

Disabled Assistance: If you would benefit from a little extra help when using the trains, you can arrange disabled assistance by advising ScotRail at least 2 hours if travelling solely on a ScotRail service or 24 hours if travelling wider on other train services:

- Calling ☎ 0800 912 2901,
- Calling Textphone: 🗉 18001 0800 912 2901 if you are hard of hearing,
- Completing an online assistance request form on www.scotrail.co.uk/form/assisted-travel
- Making arrangements with a member of staff at Edinburgh Waverley railway station.



On the trains

Passenger Assist

Most services in Scotland are operated by ScotRail. If you require assistance getting on to the train, or from the station door to the platform, or with luggage you can use Passenger Assist. Other train companies similarly participate, if using other services you merely have to make one Assist booking. 24 hours notice is required to fulfil your request. However, if your journey is exclusively by ScotRail, you can now book up to 2 hours before travelling. Assistance maybe available without booking but cannot be guaranteed.

The first time you book (can be done by phone or on-line) you will be asked for basic information and details of what help you need (including dimensions and weight of wheelchair if you use one) – so this is generally best done by phone. On subsequent bookings, they have your requirements on their computer and the process is much quicker. What they will ask is:

Post-code, first line of address, name, phone number, email address [all these they have from previous bookings, but it checks that you are you and that they are correct]

Start station, destination station, date of travel, time of train, where in the station do you want to meet the escort, do you have luggage, is there a return journey.

You need to arrive at the agreed meeting-point 15-20' before the train leaves. If you have to make

changes of trains for the journey, someone at the intermediate station will get you from one train to the other. It obviously helps if you have planned your journey allowing time for changes and worked out the time of the train(s) you want to get, as this may affect the price.

Midlothian Stations

All are unstaffed, but on-board staff should have been notified if you have booked. If you get to a station but haven't booked assistance, you can use the Help-Point phone on the platform so the on-board staff can be alerted to your presence. There are ticket-machines on the platform at all the stations – if you are at Shawfair and the machine is on the opposite platform, don't worry – the conductor can issue a ticket on the train.



ScotRail Train Types (as they affect wheelchair users)

Note: Chairs larger than the reference chair may be refused or be larger than can get into the spaces. You can never be sure what model will be used for any one journey.

Disabled Persons Railcard

If you have a disability that makes travelling by train difficult you might qualify for the Disabled Persons Railcard. The Disabled Persons Railcard allows you to get 1/3 off most rail fares throughout Great Britain. If you're travelling with an adult companion they also can get 1/3 off their rail fare. It costs £20 for a one-year Railcard. £54 for a three-year Railcard.

Apply online at www.disabledpersons-railcard.co.uk/

Email: railcardhelp@nationalrail.co.uk

Tel: 0345 605 0525

Minicom/Textphone: 0345 601 0132

Letter: National Railcards

PO Box 10776

Ashby-de-la-Zouch

LE65 9FA



National (Scotland) Concessionary Travel for Blind Persons

This card is available for travel by blind persons. It should be in the style shown below, with an 'eye' symbol next to the C.

Card Holders may travel Free of Charge in Standard Class accommodation (no ticket to be issued) on the following services at any time:-

All train services between stations within Scotland and as far as Carlisle and Berwick upon Tweed, by all operators. To apply see National Entitlement Card section



The Blue Badge Scheme

The Blue Badge Scheme provides parking concessions nationally and across Europe for people with a permanent and substantial disability, whether that person is the driver or a passenger. The holder of a Blue Badge is permitted to park in areas normally subject to restrictions and benefits those who are unable to walk great distances.

Online application is done via www.mygov.scot/apply-blue-badge. You will be able to enter personal details, scan in required documentation. You will need **electronic copies** of your award, passport/driving licence, proof of address and a passport size photograph answer an array of questions including your National Insurance number and arrange payment by credit/debit card.

Brand new applicants for a Blue Badge can apply either online or by paper application form [BB 001]. If you use the printed form, you can send the completed form [with one colour passport-style photo with your name printed on the back] along with the supporting documents and £20 fee [except for those completing Section 3 payment is taken later] direct to the Travel Permits and Passes Team at Midlothian House.

The fee can be paid by cheque or postal order if sent with your completed form by post to the Travel Permits and Passes Team. The fee can be paid by cash, cheque, postal order or credit/debit card if you personally hand in the form at the counter at Buccleuch House in Dalkeith. You can apply and pay by credit card at Newbattle Library, 1 Newbattle Way, Easthouses, Dalkeith, EH22 4SX. Cheques must be made payable to "Midlothian Council".

For Blue Badge replacements [for lost, stolen or damaged cards] use form BB 005. If the Blue Badge has been lost or stolen, this fact must be reported to Police Scotland. Contact a local police station or Phone ☎ 112. You will be required to make a statement. The Police will give you a reference number to be quoted on the BB 005 form. The Blue Badge is a legal document. Should it reappear you must inform the police, do not use the rediscovered Blue Badge if it is no longer valid. If your Blue Badge has been damaged, it **must** be handed in with the BB 005 form.

If you move address, then there is a form for that too! You need a "Change or Circumstances" form [CC 001]. Use this to advise any changes in your personal details, from a change of address, to a change of name [getting married or divorced, for example]. Please use this form as soon as the circumstances change – do not wait until you need a Blue Badge renewal, for instance, before sending in the "Change of Circumstances" form. Complete and return your form and the Travel Permits and Passes Team will update records for your Blue Badge, Bus Pass and Ring & Go.

ALL APPLICANTS COMPLETE SECTIONS 1 AND 7 ON THE FORM.

Applicants will be automatically eligible for a Blue Badge if they can produce appropriate documentation dated within the previous 12 months. Complete sections 1, 2 and 7 if any of the following apply:

1. Registered blind;
2. High Rate of Mobility Component of Disability Living Allowance [DLA];
3. Personal Independence Payment [PIP] 8, 10 or 12 points in the "Moving Around" category;
4. PIP – 12 points in the "Planning and Following Journeys" category;
5. War Pensioner's Mobility Supplement;
6. Armed Forces and Reserve Forces Compensation Scheme Tariffs 1-8;
7. Special arrangements for those in transition from DLA to PIP.

Applicants should bring the original documents with their form if handing them in personally at Buccleuch House. Original documents will be handed back to you after being checked by staff.



Arrange for a certified photocopy of the documentation if you are posting the application form direct to the Travel Permits and Passes Team at Midlothian House as originals sent by post will not be returned.

For those with a disability in both arms who have difficulty using parking meters or pay machines, please complete sections 1, 4 and 7.

For parents or guardians of applicants under the age of three who have a specific condition as detailed in the form, please complete sections 1, 5 and 7.

Further assessment will be needed for all applicants who do not fall within one of the above categories. Please complete sections 1, 3 and 7.

Circumstances covered by Section 3 "Subject to Further Assessment" include:

- If you have a temporary mobility impairment which makes it impossible or unreasonably difficult for you to walk and which is likely to last for a period of at least 12 months;
- If you have been supplied with a wheelchair by the NHS;
- If your disability is substantial and means you are unable to walk or you experience considerable difficulty in walking;
- If you cannot walk far without severe discomfort, stopping or receiving support from another person.

Applicants completing Section 3 may be invited to an "Independent Mobility Assessment" with a medical professional appointed by the Council. Assessments do not involve any physical examination. The applicant can take a spouse or companion with them for support.

You will receive a letter from the Travel Permits and Passes Team giving you a date and time to attend the assessment. If you cannot make the appointment, please let the Travel Permits and Passes Team know as soon as possible as they may be able to offer your time slot to someone else. A couple of assessment sessions are held each month and most Section 3 applicants are seen within four to six weeks although at certain times of the year there is a higher demand and possibly a longer wait for your appointment.



The Medical Professional will decide to accept or reject the application. You will be notified of the result by the Travel Permits and Passes Team by email, phone or letter. If your application is accepted, you will need to make arrangements to pay the £20 Blue Badge fee. If the application is rejected, you will be advised of the appeal procedure if you are unhappy with the outcome.

Extension of the Blue Badge scheme to include those with a Mental Disorder or Cognitive Impairment by the Scottish Government in 2016. Use the separate form for this Blue Badge which it is available at all Midlothian libraries, main Council offices, health centres at Pathhead and Penicuik, the Midlothian Community Hospital and the Rosewell Development Trust.

Assistance in filling out the Blue Badge scheme forms can be obtained from Citizens Advice Bureau

This service is severely restricted with social distancing in force. At the time of this going to print, Only the Dalkeith Library is open, the Midlothian Council Travel Permits and Passes Team maybe able to send out the application form, Tel: ☎ 0131 561 5455 or Email: ✉ ptu@midlothian.gov.uk

A Word from Edinburgh Trams

We want as many people as possible to be able to use our trams in safety and comfort. All our trams have dedicated wheelchair spaces. If there is no wheelchair user occupying or requiring to occupy a wheelchair space, other passengers including those travelling with a buggy or with bulky luggage may occupy a wheelchair space. Any passenger using a wheelchair space must vacate that seat if requested to do so by a Company official.



Our trams have certain seats which are designated as 'priority seats' and are intended for use by those passengers who are less able to stand throughout their journey. Any passenger using a 'priority seat' must vacate that seat if requested to do so by a company official.

Travelling as a wheelchair user or with a wheelchair user

All of our trams have dedicated wheelchair spaces. These spaces are designed for wheelchairs which are no bigger than 700mm wide, 1200mm long and 1350mm high. A wheelchair user will not be able to board a tram if the tram is full, or if there are already wheelchair users occupying the wheelchair spaces.

Mobility scooters on tram

Customers are able to travel with certain mobility scooters on our tram services. To ensure the safe operation of mobility scooters, a permit scheme is in place. There are two disabled priority bays per tram and carriage of mobility scooters is at the discretion of on board staff. If you hold a valid Scottish National Entitlement Card (SNEC) or a Disabled Person's Blue Badge parking permit you are eligible to apply for a permit. If you are unsure and would like to check if you qualify, please contact Customer Relations on 0131 338 5780.

To ensure the safe operation of mobility scooters, a permit scheme will be introduced - applications can be downloaded at edinburghtrams.com/sites/default/files/2019-11/Scooter_Application_Form_2018_ONEPAGE_ONLINE_OB120117v3_ELECTRONIC_FORM4.pdf

The form should be completed and returned to customer@edinburghtrams.com

- Class 2 mobility scooter only,
- Maximum 1,000mm long and 600mm wide,
- Maximum 1,200mm turning radius.

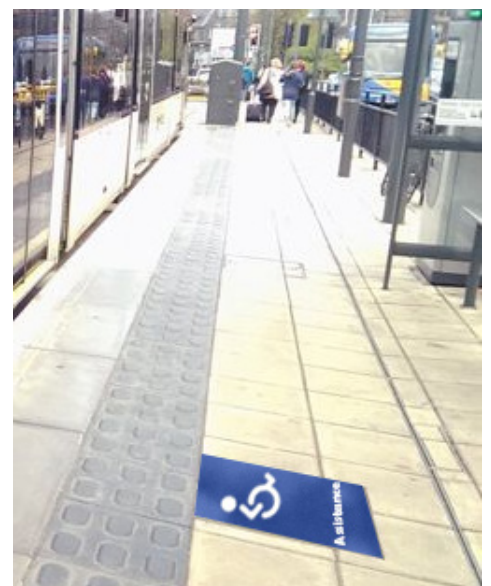
Upon successful assessment of your mobility scooter your permit will be processed and posted directly to your home address free of charge within 10 working days. The permit will take the form of a pass that should be presented to the Ticketing Services Assistant on board your tram.

In a Rush: You can be issued a temporary permit by visiting us at one of our Travelshops, Park & Ride kiosks or Information Lounge at the airport tram stop.

Guidance on Using the Tram

There is guidance on how to use your mobility scooter when boarding, on-board, and alighting trams in a safe and easy manner. The guide will show you the best way to manoeuvre your mobility scooter on the tram and the ideal positioning at tram stops and where to park once on board.

Please note that there are only two disabled priority bays per



tram, if these are occupied, you may need to wait for the next available tram.

Platform Positioning

When you arrive at the tram stop, look for the wheelchair symbol located in the middle of the platform. Position your scooter near the tile, with your scooter facing onto the track. This will make access onto the tram much easier. For your safety, make sure you are behind the white line.

Due to platform layout it may be difficult to reach the 'open doors' button when the tram arrives. In order to prepare for this, if you are travelling alone, please press the green help point button to contact tram control. Advise them of your location and your destination, and that you wish to board the next tram. They will try to ensure that the on-board Ticketing Services Assistant will be available to assist you in boarding. Alternatively, you can ask a fellow passenger to open the door when the tram arrives to allow you to board.

Boarding the Tram

When boarding the tram, please ensure that you are entering through the doors at the centre of the tram displaying the wheelchair symbol – this is the only section of the tram which contains the designated disability priority bays.

Please board safely by driving forward onto the tram. Be aware of other passengers and tram furniture (i.e. seats, grab rails and panels).

Upon entering the tram, please park in one of the priority disabled access bays, ensuring that you are not blocking the gangway. Apply the brake on your scooter. Take extra care when doing this as the tram may now be in motion. Once parked, please have your permit ready for inspection by the tram crew.

Alighting the Tram

When you wish to disembark, please press the stop button prior to the tram stop – this will let the driver know to allow extra time for you to disembark.

Please disembark the tram in a forward motion. For safety reasons, it is strictly prohibited to reverse out of the tram.

Once you are out of the tram, please ensure you keep away from the platform edge. If you need to cross the tracks, remember to look both ways for oncoming trams and listen out for the bell.

Scottish National Entitlement Cards that do not have City of Edinburgh Council as the issuing Local Authority are **NOT valid on tram services**. Scottish Blind Scheme card holders can travel on the Edinburgh Trams free of charge.

As part of the Scottish Blind Scheme [SBS]. This scheme was created in the year 2000 and applies to blind persons resident anywhere in Scotland including Midlothian. Cardholders enjoy free travel on Edinburgh Trams for themselves. There is free travel for a companion on buses [denoted by the two symbols of an eye and a "+1" on the card], but this companion entitlement does not extend to the other modes.



On the Bus by Mike Harrison

Mike is Secretary of the Scottish Accessible Transport Alliance and Chair of the Midlothian Disability Access Panel. Following a spinal injury in 2006 he is a tetraplegic wheelchair user who relies on buses for about 90% of travel (trains for the other 10%). Hopefully, it's a mixture of bits of information and tips which could help someone who does not use buses to reconsider and experiment.

Legislation

The legislation requires all service buses to be 'accessible'. The definition of 'accessible' is misleading. What it requires is that there is one wheelchair space. Not more than one, not that there shall be a separate buggy space, not that ambulant people who have difficulty with steps can access the vehicle. The Lothian buses one space buses meet this criteria, but they are not popular with either wheelchair users or parents with young children in prams.



Operators

There are Five main operators with services running in or through Midlothian.

1. Lothian Buses provides the most frequent services in Midlothian – generally radially from Edinburgh out to Mayfield, Gorebridge, Rosewell and Penicuik.
2. Borders Buses also operates between Edinburgh and some Borders towns. The number 339 goes between Gorebridge and Eskbank Station by a circuitous route.
3. East Coast Buses operates services between Musselburgh and Midlothian. All of their buses have low floors, ramps and wheelchair space.
4. Stagecoach has services to Dumfries which run through Penicuik. Its website is particularly un-helpful as all it says about users with special needs is 'contact the local operator' but gives no information as to who the local operator is or how you contact them. Its fleet has been upgraded significantly recently, and its drivers are now trained to be more friendly to disabled people.
5. Prentice Coaches linking the ERI with Musselburgh and Haddington via Edmonstone Road, Danderhall and Millerhill.

All operators have conditions of carriage which set out their policy about numbers and types of chairs. All trying to juggle constraints to be as fair as possible to most of the users. So we may not get what we want all of the time, but should expect it most of the time.

Conflict

I thought that in Edinburgh we had passed the period of aggro between wheelchairs and buggies, However, the introduction of the 100-seater/3-axle vehicles has taken us back quite a lot. There is a single space, slightly bigger than the old wheelchair space, but not as big as the chair-space + buggy space. It is possible – and permitted (even though some drivers don't seem to know it) – to fit an old-fashioned small buggy in with a wheelchair. When there is both chair & buggy on board, there is nowhere for the buggy's attendant to sit. The ramps are manual and shorter than the telescopic ones and therefore steeper; when out, the recess in the floor that they fit into has a 5mm rise which your front right castor hits just as you are turning and are at minimum speed, the passage past the luggage rack is narrower than in previous vehicles, finally there is a folding safety bar so you have to go to the far end of the bay, turn back 90 degrees to get hold of the bar to move it into position; it needs to be lifted to release it, some are very stiff and need two hands! Getting off: frequently there are passengers who have come down the stairs waiting to get off, and

you can't start to move until they get out of the way, thus delaying the bus, the steepness of the short ramp can cause an uncontrolled descent and a grounding of and damage to the footplates.

At Home

Is your wheelchair in good condition? On a bus you are protected against a sudden stop by the backrest, but if your brakes are not well adjusted you may be liable to some skidding when a bus starts off from a stop and this is much more a significant problem in wet weather. There is no need for restraints in trams or trains, but the modern bus does accelerate quite quickly. It is not a problem if the brakes are well set and the tyres are dry. Most buses have a grab rail, but Lothian Buses have recently bought some without this safety feature. (I have complained!).

At the bus stop

At every stop there is a board which details the kinds of ticket available and the price. If you don't have an entitlement card, READ THIS(!), Lothian Buses' drivers do not have any access to cash to give change. Bus tickets are sold in certain shops. Lothian Buses also offers m-tickets that you load on a smartphone

The drivers will usually stop if there is anyone waiting even if they don't look as if they are waiting for that particular bus, but it's always best to signal. If you are obviously physically disabled and have a wheelchair or a stick the driver will do his best to get in close to the kerb.



Mike Harrison embarking a bus

The convention is that a wheelchair user goes to the front of the queue and gets on first so that they have time to position themselves and get the brakes on before the bus sets off, and generally other passengers are on the side of the disabled and those with buggies.

Ramps

The ramps are generally reliable, although slightly oversensitive and will retract automatically if they hit an obstacle, but there are various tricks the drivers will use and generally will make three or four attempts to get a ramp out before they will come out of their cab and assist manually with a wheelchair.

If you have a chair that is not well balanced try to make sure there was somebody behind you in the queue and ask them for help, but I learnt that if I said "please stop me tipping backwards" it panicked them, but if I said "can you help me up the ramp?" They were happy to help.

On the bus

If you have an entitlement card and are in a wheelchair you will not be able to reach the card reader. For driver safety reasons they will usually have their window closed, in which case the card has to be passed through the small slot at the front so the driver can scan it. At busy times very often the driver will just offer to enter the 'fare' manually, as long as he/she has seen the card.

If you are not a wheelchair user but have difficulty in walking, it's probably a good idea to have a Thistle Card which can indicate to the driver that you need time to sit down before the bus moves. If you say where you are getting off, it will also enable the driver to give you time to get to the front of the bus. One of the disadvantages of the additional space for the buggy is that it has reduced the number of handholds for getting to the front.

The wheelchairist has an additional problem on some of the older single deck buses which have four inward facing seats on the left-hand side. These are very popular with those who have reduced mobility, but unfortunately the space is quite narrow and it is very difficult to get a chair

past without running into people's shins, and of course these are the people who have the most difficulty in getting out of the way. On these buses there is also a slope from front to back so as well as trying to avoid people's legs you are going uphill.

Getting off the bus

Sometimes this is harder than getting on. Firstly you have to do a 180° turn usually around the pillar that has the blue bell on it. Diagonally opposite are usually the seats for disabled people but these are also very popular with people who have shopping trolleys or walkers. Generally they are not aware of how much space is needed for a wheelchair's footrests, and a polite "Watch your legs I don't want to hit them" is in order.

Go squarely down the ramp, keeping control of the speed. People don't realise that you need to go to the end of the ramp before turning and will stand there blocking your exit. Speak nicely to them! A 'thank you ' at this point can be both to the driver and the people who are giving you space to get off. Be careful in wet weather where you may not have the normal grip on the rims.

Scoters

Lothian Buses are considering trialling the carriage of mobility scooters. Up to now they have said 'no' to all scooters for, I think, three reasons:

- Many are not manoeuvrable enough to get into the space in a reasonable time,
- A narrow width wheelbase and stability going round corners could be an issue,
- It's unfair to expect drivers to have to make a snap decision about whether or not to let any particular scooter try to board.

The Confederation of Passenger Transport (CPT) scheme which some operators use gets round these issues. Anyone who wants to take a scooter on a bus has to do four things

1. Go to a designated place (usually a bus depot) with the scooter and have it assessed for size, weight, turning circle and stability,
2. Be trained in getting on and off a bus – without the pressure of a live journey and other passengers waiting to board,
3. Be assessed on handling skills and the time taken,
4. Receive a permit to show to the driver of a bus on routes operated by the company that issued it.

The last point is significant, because there are many different bus configurations, and what might fit on to one type will not go on another.



Hopefully, Lothian Buses will go for something like this. To just say, 'we are going to have a trial' and allow anyone just to turn up at any bus stop with any kind of scooter would cause a lot of confusion, delays and aggro towards both drivers and the disabled. This could destroy the goodwill and encouragement that currently prevails.

Reliability

Buses do occasionally break down. In two years I've experienced three engine failures and two halts caused by broken windows, that's an average of 1 in 870 journeys.

Alternative Publications

Please like us on Facebook www.facebook.com/forwardmid/ 

Forward Mid newsletters are available in large print by request to Eric Johnstone. Tel: 0131-663-9471 or email eric.johnstone@mvacvs.org.uk Write to him at MVA, 4-6 White Hart Street, Dalkeith, EH22 1AE with your request. Electronic copies can be found on www.forwardmid.org.uk. The latest Firefox browser has the reader symbol  in the address bar, click and select narrate from the left menu. The latest Safari browser has the reader symbol  but does not read aloud. These only work on websites without errors. If you require help please contact Forward Mid and we will arrange to help you.

Edited by Iain Tait for Forward Mid